

WEEKLY ENGLISH PRACTICE

10 New Year's Resolutions For Learning English

13/01/2022/ **Keyword: Learning**

Coach John looks forward to 2022 and the English learning journey of ECP students. He uses ten verbs to give advice and ideas to help everyone achieve their goals.



1. **START** a learning diary where you can **jot down** your common mistakes. As you have promised yourself many times, begin listening to different English accents on BBC Radio. It's worth remembering, a journey of 1,000 miles **STARTS** with a single step! There are many steps you can take to **improve** your English. **START** watching your favourite Netflix series in English (with subtitles in English, of course!).
 2. **PRACTISE** doing something in English for 10 minutes every day. Why not repeat new vocabulary as much as possible to **commit** it to your long-term memory and use it in sentences? Translating a text from English into your first language and vice versa is a useful exercise. As the saying goes, 'Practice makes perfect!'
 3. **TRY** using at least five new items of vocabulary every week. Consciously introduce phrases you like into conversations with your coach, classmates and even colleagues at work. Attempt to learn the phonemic script to help you focus on English sounds and pronunciation.
 4. **MAKE** a list of your common grammatical errors and **cross them off** when you stop making them. Record your speaking to analyse with your coach.
5. **REMEMBER** that learning a language is a process that takes time and effort. Try to be patient and enjoy the journey! Never forget that there isn't one 'correct' accent in English. Don't be shy in asking for **feedback** from your coach.
 6. **STOP** putting yourself down by saying that you don't speak English well. Be confident in your ability to learn the language!
 7. **FIND** a grammar reference book/website you like and refer to it regularly. **FIND** a friend who is also learning English and support each other. **FIND** time to attend ECP's free activities to practise English in a relaxed atmosphere.
 8. **TAKE** the time to check your writing for mistakes before you give it to your coach. Also **TAKE** a look at your previous homework and writings in English and evaluate your progress. Look for your repeated errors and correct them.
 9. **DO** plenty of pronunciation practice and regular speaking with your coach and/or English-speaking friend.
 10. **ENJOY** reflecting on your progress. If you **ENJOY** music, listen to songs, print out the lyrics and learn new phrases and

Useful vocabulary

- to jot down:** to make notes and write down ideas and information
- to improve:** to make progress and get better
- to commit:** to enact and accomplish
- phonemic script:** a transcription of the sounds of a word or phrase, using phonemic symbols
- to cross off:** to draw a line through (a name or item on a list) usually to signify you have done it
- feedback:** the transmission of evaluative or corrective information about an action and/or an event
- rhymes:** a word, syllable or line that has or ends with a sound that corresponds to another.
"Balloon rhymes with moon"

Let's chat about that!

1. **Summarise the resolutions. Can you remember them all without looking at the text?**
2. **What progress did you make in 2021?**
3. **Which of the resolutions do you already do?**
4. **Which ones are you going to start doing?**
5. **What are your objectives for your English for 2022?**
6. **Look at the language learning quotes on page 2. What do you think about them?**

LIVE! English Events

Come and socialise in English!

ECP's Cinema Nights

FRIDAY, Jan 28th at 18:30

Send a WhatsApp to John on 657 73 13 54

Bette Davis and Joan Crawford



Sister, sister, oh so fair, why is there blood all over your hair?



Coffee Saturdays

2021-22

11:00-12:30

Panadería Bertiz C/Francia 10

2nd October	5th March
6th November	2nd April
4th December	7th May
5th February	4th June

"The limits of my language mean the limits of my world."
Ludwig Wittgenstein

"A foreign language is like a frail, delicate muscle. If you do not use it, it weakens."
Jhumpa Lahiri

"Learn a language, and you'll avoid a war."
Arab Proverb

"One must not be shy where language is concerned."
Ann Patchett

rhymes. Finally, always remember, if you **ENJOY** learning something, it's always easier.

By ECP coach John, inspired by years of teaching and stuff he's seen on the internet.

LANGUAGE LEARNING QUOTES

"Learn a new language and get a new soul."

Czech Proverb

"Do you know what a foreign accent is? It's a sign of bravery."

Amy Chua

"He who knows no foreign languages knows nothing of his own."

Johann Wolfgang von Goethe

"A different language is a different vision of life."

Federico Fellini